



The Honolulu Orchid Society

© Honolulu Orchid Society Inc.

HONOLULU ORCHID SOCIETY MONTHLY NEWSLETTER No. 2021-07

July 2021 Electronic Newsletter

HOS welcomes members of all Orchid Groups and the public to the July 2021 General Membership Meeting.

Decades of accumulated orchid and plant wisdom and “know-how” will be shared by **Walter Hiraishi**, a highly respected veteran orchid enthusiast and hobbyist grower and a retired Hawaii Department of Education science educational specialist, at the Honolulu Orchid Society’s July 14 online meeting beginning at 7:00 PM.

The program will “**holoholo**” to Walter’s place in Kailua and will feature such topics as:

- What do you do if you don’t have a greenhouse? Landscaping hints on how to optimize your yard for growing a variety of plants and orchids.
- Why plant bananas and other edibles around your orchid plants?
- How can you protect your plants from the hot sun?
- What can you do to have your flowers last longer?
- How to grow cool growing plants in a warm environment?
- and much more.

Please join us for this collective wisdom session with one of our veteran orchid hobbyist-growers.



“Sharing Orchid and Plant Culture Wisdom Accumulated Over the Years” Presented by **Walter Hiraishi**



Plus

Summer Auction

Plants donated by **Hilo Orchid Farm, Kawamoto Orchid Nursery, Shogun Hawaii** and **Walter Hiraishi**

HONOLULU ORCHID SOCIETY ZOOM MEETING

7:00 PM, Wednesday, July 14, 2021

OPEN TO THE PUBLIC

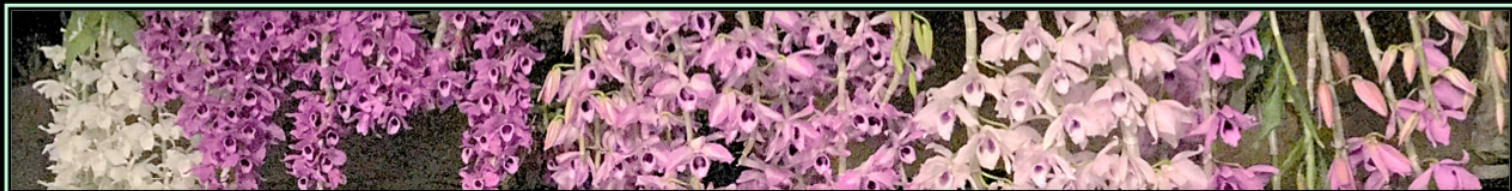
Must register in advance to join the meeting

Click here to register: **REGISTRATION**

Deadline for registration is Tuesday, July 13, 2021

Visit the HOS website at www.honoluluorchidsociety.org

You may **register** for the meeting by clicking on the link in the poster above or going to the link below. Deadline for registration is Tuesday, July 13, 2021.



Summer Auction

Following Walter Hiraishi's presentation, **Mel Waki** will conduct the Honolulu Orchid Society's Summer Auction with plants donated by **Hilo Orchid Farm, Kawamoto Orchid Nursery, Shogun Hawaii** and **Walter Hiraishi**. It will be fun and you will have an opportunity to add some very nice plants to your collection.

MAHALO NUI LOA

Mahalo to all who attended last month's virtual membership meeting "**Orchid Species YOU Can Grow**" presented by **Adam Almeida** through Zoom. Thank you, **Adam**, for sharing the many beautiful orchid species you have growing in your greenhouse. Many were very unusual and unique! You have inspired some of us who have not grown species orchids to step out of our comfort zone and step into the world of species. Thank you **Walter Hiraishi** for donating the *Dendrochilum filiforme* plants which were given away as door prizes. All had flower spikes. Hopefully the lucky winners will "show and tell" their blooming prize.

Monetary Donations. Mahalo, **Dave Furumizo, Michele Watanabe** and **Diane Wong** for your generous donations. We appreciate your continued support!

Honolulu Orchid Society Show

Many of you have asked about the status of our Orchid Show that is scheduled for October 15-17, 2021. An announcement about the Show will be made by **President Brad Lau** during the Zoom meeting on July 14, 2021. Stay tuned for the latest.

Orchid Judging

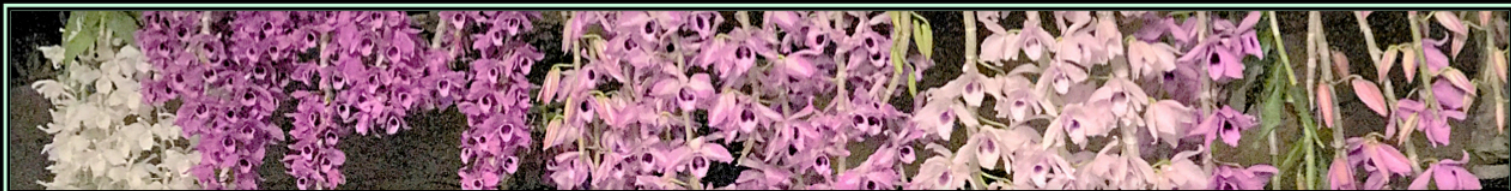
The Honolulu Orchid Society will be restarting **orchid judging** beginning in August. The first judging session will be held at 10:00 AM on Saturday, August 21, 2021, at the **Lanakila Senior Center**. More details about the judging and judging location will be provided in next month's newsletter. The judging sessions will be open to the public. Members and guests are encouraged to bring their plants for judging.

July Board of Trustees Meeting

The HOS Board will meet through Zoom video conference on Tuesday, July 13, 2021 at 7:00 PM.

August General Membership Meeting

The August meeting will take place virtually through Zoom on **Wednesday**, August 11, 2021 at 7:00 PM. The program will be announced later.



Election of 2022 Officers and Board of Trustees

We encourage all Honolulu Orchid Society members to VOTE! Thank you to members who have already voted.

The Nomination Committee presented the following slate of nominations for 2022 HOS Officers and Trustees:

Officers

President:	Bradley Lau	Treasurer:	Jackie Lai
1st Vice President:	Melvin Waki	Recording Secretary:	Hongwei Li
2nd Vice President:	Katherine Sakuda	Correspondence Secretary:	Carol De Witt
3rd Vice President:	Katherine Leonard	Past President:	Ruth Chun

Board of Trustees

2022*

Benjamin Kodama, Jr.
Ian Sandison
Ingelia White
Williette Wong

2023*

Adam Almeida
JoAnn Higuchi
Robert Higuchi
Jan Takamiya

2024

Linda Inouye
Marisa Maemori
Jed Smith
Charlotte Yamamoto

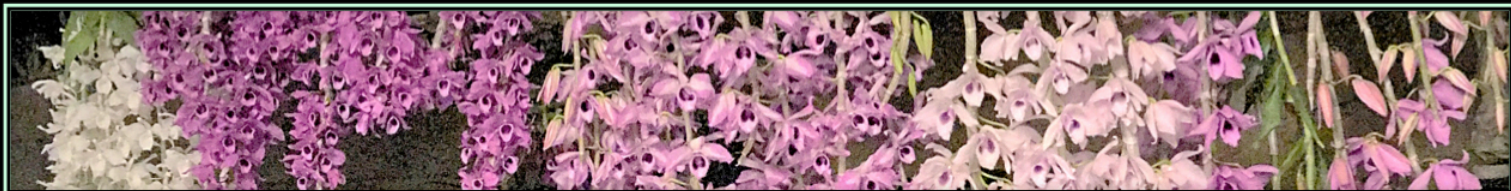
*Trustees serve three-year terms through the years shown. Trustees for 2022 and 2023 were elected in prior years.

This slate of nominations was announced to the membership during the May 12, 2021 and June 9, 2021 virtual Membership Meetings. No additional nominations were received from the membership.

Voting is ongoing through Survey Monkey for members who have provided a current email address and through Paper Ballot published in the June 2021 Newsletter for those who do not have electronic means of voting. If you did not receive a ballot (Survey Monkey or Paper Ballot) or lost your ballot and wish to vote, contact Carol De Witt at (808) 597-4087. The deadline for submission to HOS is July 9, 2021. If you have not voted yet, please do so. There is still time. Results of the voting will be announced at our July 14, 2021 meeting.

Electronic Newsletters

To save on postage and reproduction costs and keeping with “Go Green” initiatives, HOS will no longer mail paper copies of newsletters except to members who do not have email addresses.



NA OKIKA O HAWAII JOURNALS For Sale

To interested members and friends, we have available for sale:

Na Okika O Hawaii, The Hawaii Orchid Journal, Volume XLVIII, The Year 2019 in Review, 80th Anniversary Edition – Cost \$12.00 plus \$2.80 postage (local & mainland) = \$14.80 total cost each (11 copies available)

Na Okika O Hawaii, The Hawaii Orchid Journal, Volume XLIX, The Year 2020 in Review – Cost \$5.00 plus \$.95 postage (local & mainland) = \$5.95 total cost each (12 copies available)

If interested, please provide your name and mailing address, quantity requesting, and check payable to Honolulu Orchid Society and mail to Honolulu Orchid Society, P O Box 558, Honolulu HI 96809-0558.

Recipe of the Month

Chia Seed Pudding

(from foodnetwork.com, Food Network Magazine, recipe courtesy of Giada De Laurentiis)

Ingredients:

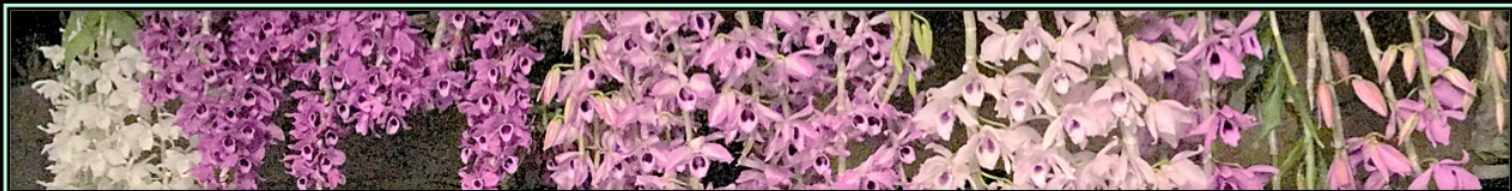
1 cup vanilla-flavored unsweetened almond milk (used reg plain almond milk)
1 cup plain low-fat (2%) Greek yogurt (used Chobani Whole Milk Plain Greek yogurt)
2 tbsp pure maple syrup (preferably Grade B) plus 4 tsp for serving (used scant 1 tbsp monkfruit sugar substitute)
1 tsp pure vanilla extract (used 2 tbsp Mexican vanilla extract)
Kosher salt
¼ cup chia seeds (used 5 tbsp chia seeds)
1 pint strawberries, hulled and chopped
¼ cup sliced almonds, toasted

Directions:

In a medium bowl, gently whisk the almond milk, yogurt, 2 tablespoons maple syrup, the vanilla and 1/8 teaspoon salt until just blended. (I gently whisked ¼ cup of almond milk into the yogurt at a time, then blended the remaining ingredients into the yogurt almond milk mixture) Whisk in the chia seeds; let stand 30 minutes (at room temperature in the bowl). Stir to distribute the seeds if they have settled. Cover and refrigerate overnight..

The next day, in a medium bowl, toss the berries with the remaining 4 teaspoons maple syrup. Mix in the almonds.

Spoon the pudding into 4 bowls or glasses; mound the berry mixture on top and serve.



Recipe of the Month (continued)

Some Review Comments of Recipe

Actually omitted the yogurt and used 2 cups almond milk, ½ cup chia seeds and also added vanilla and nutmeg and ¼ cup maple syrup.

Add little more Chia seeds to the recipe helps give the recipe its texture. Also the pudding likes to settle at the bottom. Stirring it during the thickening process helps.

Great recipe! Love how you can change the fruit and be creative. Chia seeds is new to me so after a quick Google search on WebMD I learned the nutritional facts also the warnings. They caution the seeds to be soaked in a liquid prior to ingestion to let the seeds expand as the recipe calls for over night. Dry seeds should not be eaten because they have the ability to absorb 27 times their weight and can constrict the esophagus. Chia seeds great for you but just soak in liquid before consuming.

Veganified with coconut milk full fat instead of the yogurt and I was licking the bowl!!

This recipe is fantastic! I make this pudding frequently with coconut milk and it is so creamy and delicious!

So much yum! I was able to switch out the Greek yogurt for a plant based one and it became a wonderful and easy to make vegan recipe. Just a small note, ground chia seeds work even better here than the whole ones, making the pudding set up very quickly.

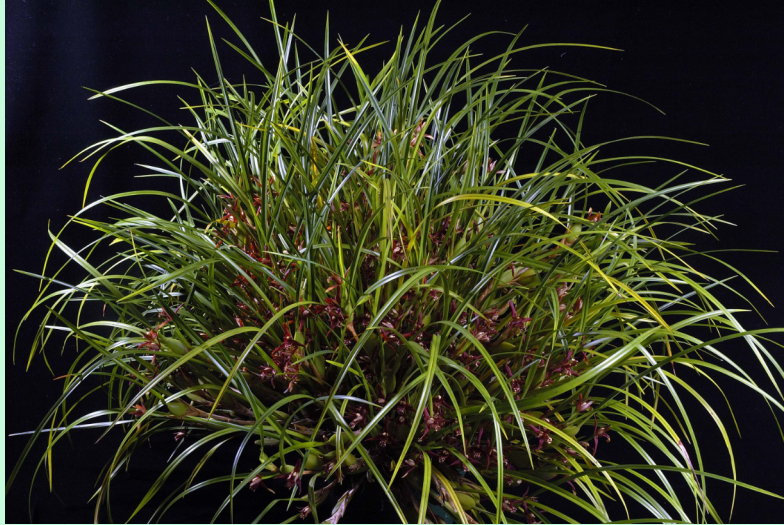
The first time I tried this, I followed the recipe exactly, but had no luck with my chia seeds "fluffing." The next day all I had was still just chia soup. I let it sit another 12 hours, but still no "fluffing."

Due to the other reviews I decided to give it a second chance and tried again with a slightly altered version of this recipe I found on the internet. I used 2 cups of almond milk instead of 1c milk 1c yogurt, and upped the chia seed amount to 1/2 c. This did the trick and worked great

Newsletter Editor: Carol De Witt

Layout & Copy Editors: Brad Lau, Linda Inouye, Marisa Maemori, Jan Takamiya, Mel Waki

Going Back in Time—HOS Merit Awards of the Past



***Maxillaria tenuifolia* 'Cassie'**

CCM HOS 86.0 pts

Owner: Barbara Tamashiro

Date: April 23, 2007

Venue: Aiea Orchid Club Meeting



***Paphiopedilum Rona's Angel* 'Elizabeth'**

AM HOS 83.2 pts

Owner: Wilbur Chang

Date: April 23, 2007

Venue: Aiea Orchid Club Meeting



***Dendrobium Frosty Dawn* 'Orange Passion'**

AM HOS 87.1 pts

Owner: H&R Nurseries

Date: June 14, 2007

Venue: Aiea Orchid Show



Dendrobium Rising Star 'Pam'

AM HOS 83.0 pts
 Owner: Pam Waki
 Date: June 14, 2007
 Venue: Aiea Orchid Show



Masdevallia constricta 'John'

AM HOS 82.2 pts
 Owner: Lehua Orchids
 Date: October 4, 2007
 Venue: Honolulu Orchid Society Show



Rhyncholaeliocattleya Eternal Love 'Momilani'

AM HOS 79.6 pts
 Owner: Calvin Kumano
 Date: October 22, 2007
 Venue: Aiea Orchid Club Meeting



***Cattleytonia Ernest Davidson
'Blazing Sunset'***

CR HOS 78.4 pts

Owner: Bryan Lee

Date: February 13, 2008

Venue: Honolulu Orchid Society
Meeting



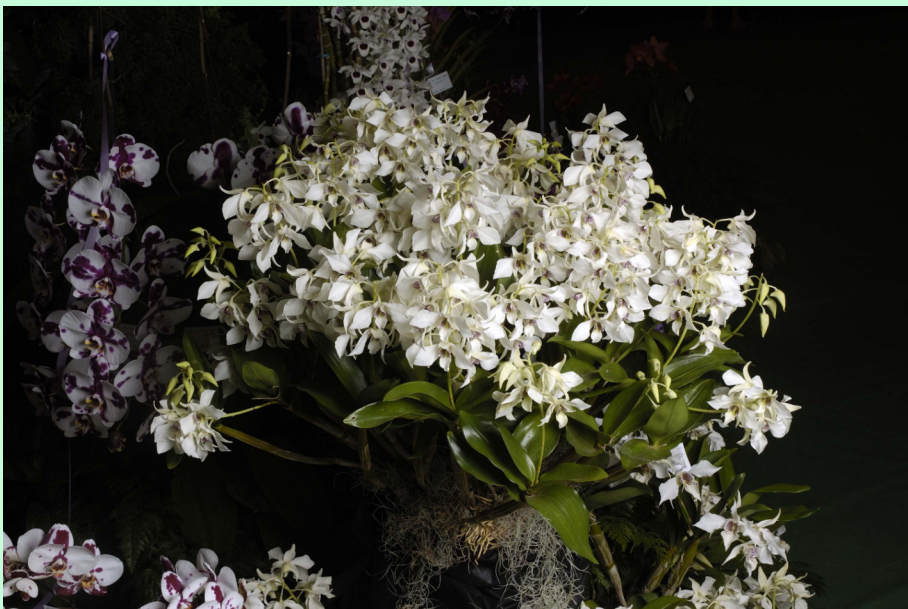
***Dendrobium Kenneth Neifert
'Elizabeth'***

AM HOS 80.2 pts

Owner: Elizabeth Chang

Date: March 13, 2008

Venue: Kunia Orchid Show



***Dendrobium Bill Takamatsu
'Snowy'***

CCM HOS 83.6 pts

Owner: David Bealer

Date: March 13, 2008

Venue: Kunia Orchid Show



Encyclia bractescens 'Ruth'
CCM HOS 83.6 pts
Owner: Ruth Chun
Date: March 24, 2008
Venue: Aiea Orchid Club Meeting



Cattleya Nicole Harry 'Majestic'
AM HOS 81.5 pts
Owner: Scot & Karen Mitamura
Date: June 12, 2008
Venue: Aiea Orchid Show