

# The Honolulu Orchid Society

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## September 2023 NEWSLETTER



**Rlc. Memoria Charles Mitamura 'Kaleidoscope' CR HOS  
Displayed by Scot & Karen Mitamura  
July 2006 Ewa Orchid Show**

Newsletter Editor: Carol De Witt Contributing Editors: Brad Lau, Linda Inouye and Jed Smith.  
Layout: Mel Waki Contributing Photographer: Mel Waki

Email: [hos@honoluluorchidsociety.org](mailto:hos@honoluluorchidsociety.org)

## **HONOLULU ORCHID SOCIETY (HOS)** **SEPTEMBER GENERAL MEMBERSHIP MEETING**

**Date:** Wednesday, Sept. 13, 2023

**Time/Place:** 7:00 PM, Zoom Video  
Conference

**Program:** "Community Service at Kuhi  
La'au - Tropical Plant and Orchid  
Identification Facility at Windward  
Community College "

**Speaker:** Dr. Ingelia White

Professor Emerita **Ingelia White** retired from Windward Community College (WCC) in 2018 after teaching for 36 years. At Windward, she developed an Agripharmatech certificate program and four program facilities:

- The Kuhi La'au – Tropical Plant and Orchid Identification Facility in 2000;
- The climate-controlled greenhouse in 2001;
- The Tissue Culture and Plant Biotechnology Laboratory in 2003; and
- The Bioprocessing Medicinal Garden Complex in 2007.

Using manuals, monographs/revisi, herbaria and dissecting microscope at the Kuhi La'au - Tropical Plant and Orchid Identification Facility (Inouye & Rifai Collections), WCC botany and agriculture students have provided a free service to over three thousand community members in identifying tropical plants and orchid species since 2000.

Dr. White will discuss taxonomic methods used in identifying plant and orchid species at Kuhi La'au in her presentation.

**You must register in advance for this Zoom meeting.** Click **HERE** to register. After registering, you will receive a confirmation email containing information about joining the meeting. The public is more than welcome to attend the meeting.

Honolulu Orchid Society  
Meeting  
via Zoom



Dr. Ingelia White

*"Community Service at Kuhi La'au -  
Tropical Plant and Orchid Identification  
Facility at Windward Community College"*

Wednesday, September 13, 2023  
7:00 PM

### **HOS Mini Country Store**

The popular **Mini Country Store** which successfully opened in July and August at the in-person General Membership meetings will be closed in September and October since the meetings for both months will be conducted via Zoom Video Conference.



## Mahalo Nui Loa

Thank you very much **Roy Tokunaga** for your presentation on general orchid care and your "Catch of the Day". The detailed care tips were very well received by our members. It was great to learn about some of the newer pests and what treatment options work best to help ensure the health of our collections. The members were thrilled to see the plants you brought in and talked about.

Also a special thanks to **Roy Tokunaga** and **H&R Nurseries** for providing the giveaway and culture winner plants at the meeting. All attendees received a plant.

Thank you to the crew of the Mini Country Store, **JoAnn and Bob Higuchi, Jackie Lai,** and **Kathy Sakuda** for setting up and selling items sold at the store and to the following members who donated goodies to sell: **Jackie Lai** – boiled peanuts, **JoAnn and Bob Higuchi** – Russian Tea Cookies and Chocolate Chip Crispies, **Lynda Takara** – Chi Chi Dango (mochi), **Carol De Witt** – Apple Bananas, **Kathy Sakuda** – avocados, Almond Roca cookies and shortbread cookies, and **Calvin and Sherry Abe** – assortment of dishes, glassware, and decorative display items. Also available were bags of New Zealand Sphagnum Moss.



Mahalo to the following members, friends and Refreshment Committee who brought in a great assortment of goodies to share with those in attendance at the August meeting – **Kate Leonard and Ian Sandison** – Kim Chee Fried Rice; **Sandie Torigoe** – assorted juices; **Karen Torigoe** – almond cookies; **Lynda Takara** – Girl Scout cookies (thin mints and Adventurefuls); **JoAnn and Bob Higuchi** – assorted bag chips; **Walter Hiraishi** – spam musubi; **Kathy Sakuda** – beef broccoli with Hong Kong style fried noodles; **Ron Falter and Lynda Miyata** – chocolate haupia cake; **Jackie Lai** – fresh cherries; **Linda Leong** – Boom Chicka Pop Kettle Corn; **Shawn Rilveria** – BBQ pork and beans with hot dog slices; **Karen Nagamine** – coconut bites; **Josie Gesteuyala** – cookie assortment of double nut, oatmeal raisin, and chocolate chunk; **Marshall Silva** – chocolate chip cookies; **Doris Leong** – honeydew melon; **Kamalii Leong** – cake pops; **Doug and Chris Meller** – lilikoi mochi; **Van Tran** – organic gluten free, dairy free mochi cake and **Refreshment Committee** – water. Your donations are truly appreciated! We also thank **Lynda Takara, Sandie Torigoe** and **Karen Torigoe** for volunteering to take charge of the refreshments for this month while **Charlotte Yamamoto** and **Dorothy Nakama** were both off island.

## Plant Culture Table

Two categories of growers were established: a **Novice Category** (up to 4 years of growing orchids) and a **Masters Category** (more than 4 years of growing orchids). The Plant Culture Table is getting popular. At the August meeting, a total of 19 plants were brought in. Seven growers in the Novice Category brought in 9 plants and four growers in the Master's Category brought in 10 plants to share. Prior to the Refreshment break, attendees were given the opportunity to view the plants and vote on the plant in each category they liked the best based on the flower appearance, fragrance, uniqueness or overall plant growth. The ballots were counted, and the people's choice are shown below:

### Novice Category



**1st Place:** Milt. moreliana 'Goliath'  
Grown by **Jackie Lai**

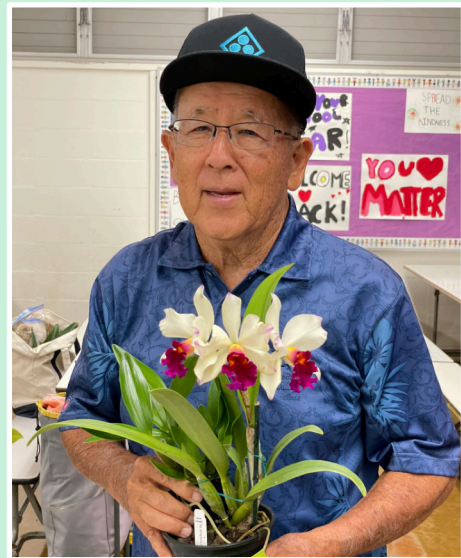


**2nd Place:** Oncsa. Sweet Sugar 'Lemon Drop'  
Grown by **Josie Gesteuyala**

### Masters Category



**1st Place:** Rlc. Momilani Classic 'Travis'  
Grown by **Calvin Kumano**



**2nd Place:** Rth. Raingreen's Carousel  
Grown by **Walter Hiraishi**



Only 1 Month Away



# Festival of Orchids

THE HONOLULU ORCHID SOCIETY

October  
13 & 14,  
2023

Orchid Show  
& Plant Sale

Friday-Saturday\*  
9:00 am - 4:00 pm

\*Plant Sale closes at 3 pm Saturday

Admission is free!

Washington  
Middle School  
1633 South King St

scan for  
Show details



[honoluluorchidsociety.org](http://honoluluorchidsociety.org)

Orchid Culture Sessions - free! ♦ with Country Store and Plant Doctor

Show Poster designed by Marisa Maemori

## Honolulu Orchid Society Show in October

Another year has passed and our 84<sup>th</sup> annual orchid show and plant sale is right around the corner. **Kathy Sakuda** and **Adam Almeida** are once again co-chairing the Show. The Show will be at the Washington Middle School Cafeteria. Ample parking is available with easy access from South King Street, just before the school's basketball court area, that is next to Zippy's Restaurant. This year's theme is "***Festival of Orchids***".

Help spread the word out about the show. The show is **FREE**.

HOS will be putting up a 10'x10' floor display featuring blooming orchid plants from the membership. **Adam Almeida** will chair the display setup which will **begin at 9:00 AM on Thursday, October 12** and must be **completed by 2:00 pm**. Members and friends should bring their blooming plants to the Washington Middle School cafeteria **no later than 10:00 AM**. Besides your blooming orchids, the Society could use greeneries including Pele's Hair to fill-in open spaces in the display and props to accentuate the **display theme of Obon Festival** (Japanese paper lanterns, Japanese paper screens, yukata and happi coats). More importantly the Society can use your physical labor and time to help create, set up and break down the display at the show. Be sure to tag your trays, loose pots and plants and props with your name so items are returned to the rightful owner.

The HOS Country Store will be reopening at the Show. Help stock the Country Store with baked goods (assorted cookies, breads, brownies, and snacks), jams and jellies, fresh fruits and vegetables (such as lemons, limes, starfruit, squash, and herbs), arts and crafts, usable "White Elephant" goods, vases, glassware, and orchid books. **Clothes will not be accepted**. The Garden Section of the Country Store could use donations of plants (anything that grows BUT please no weeds), ceramic pots, planters, plant hooks, gardening tools, and other related orchid items.

Other "treasures" you want to donate are totally welcomed! Please pre-price your donations if possible. If you are unsure of prices, the country store volunteers will do the pricing. To make things go a little smoother, please prepare an itemized list of your donations with your name, mailing address and phone number for turn at the time you bring in your items at the Country Store. Country Store Donations can be dropped off at the Washington Middle School Cafeteria Country Store designated area with your itemized listing on Wednesday, October 11 at 10:00 AM to 11:30 AM and Thursday, October 12 from 10:00 AM to 2:00 PM.

**VOLUNTEERS ARE NEEDED FOR THE SHOW.** Members, friends and family too.....who are willing to volunteer and help make this show a success. Volunteers are needed for at least one shift of work. PLEASE CONTACT Carol De Witt at 808 597-4087 or by email at seabreeze808@outlook.com to sign up. Carol will accept phone calls until 9:30 PM. Leave a message with your name and phone number if she does not answer. The Volunteer Orchid Show Worker's Sign-up Sheets are ready and waiting to be filled in, but you need to call Carol especially since there will be no in-person meetings until



after the Show. Volunteers are needed in the following areas :

**Wednesday, October 11, 8:30 AM to 12 Noon**

- Pre-Show set up of the cafeteria and the Country Store.

**Thursday, October 12, 9:00 AM to 2:00 PM**

- Plant registration (must have good handwriting to print plant tags)
- Set up and create the HOS floor display

**Friday, October 13, 9:00 AM to 12:30 PM (First Shift) and 12:30 PM to 4:00 PM (Second Shift)**

- Monitors for Entrances and Exits
- Sales persons for HOS Country Store
- Monitor for Plant Holding Area

**Saturday, October 14, 9:00 AM to 12:30 PM (First Shift) and 12:30 PM to 4:00 PM (Second Shift)**

- Monitors for Entrances and Exits
- Sales persons for HOS Country Store
- Monitor for Plant Holding Area

Lunch will be provided to all volunteers who work at the show. Workers should check in with Carol at least 30 minutes prior to the start of their shift. First shift workers will eat when called during their shift and second shift workers will eat prior to start of their shift.



2023 HOS Show Co-Chairs **Kathy Sakuda** and **Adam Almeida**

## 2023 Orchidist of the Year

**Nominations are now open** for Honolulu Orchid Society's **2023 Orchidist of the Year**.

This award is to recognize and honor a member or members for outstanding and unselfish service and valuable contributions to the Society. This award can be presented to a member only once. A list of prior Orchidists of the Year can be found on the HOS website and is available **HERE**. Note that prior to 1972, this award was known as "Orchid Man of the Year."

The **deadline for nominations is Tuesday, October 31, 2023**. The HOS Board of Trustees makes the selection. Members may submit written nominations to the Honolulu Orchid Society, P. O. Box 558, Honolulu HI 96809-0558 attn: Orchidist of the Year or may email the nomination to President Brad Lau at [bradlau23@gmail.com](mailto:bradlau23@gmail.com). Nominations should include a summary of the individual's outstanding attributes and contributions to the Society.

### Donation

- **Douglas Meller**
- **Kate Leonard & Ian Sandison**

*Thank you for your generous monetary donation.*

### Welcome New Member

- **Gloria Gaines, Waimanalo**

*Welcome to the Society. We look forward to meeting you at our meetings.*

## Looking Ahead HOS General Membership Meetings

- Sep 13–**Dr. Inge White**, *Orchid ID Lab and Orchid Library at Windward Community College*, Zoom Video Conference
- Oct 11–**Tom Mirenda**, *Topic to be determined*, Zoom Video Conference
- Nov 8–**Robert Moffitt**, *Judging 101*, in-person meeting at Lanakila Elementary School Cafeteria
- Dec 13–**Holiday Pot Luck**, in-person gathering at Lanakila Elementary School Cafeteria
- Jan 20, 2024–**Annual Business Meeting and Installation Banquet**, Natsunoya Tea House, 11:00 AM

## Calendar of Events for September

- **Saturday, September 9 (10:00 AM)**  
HOS Judging  
Lanakila Senior Center
- **Tuesday, September 12 (7:00 PM)**  
HOS Board Meeting  
Zoom Video Conference
- **Wednesday, September 13 (7:00 PM)**  
HOS Monthly Meeting (Dr. Ingelia White)  
Zoom Video Conference
- **Monday, September 25 (7:00 PM)**  
HOS Judging at Aiea Orchid Club Meeting  
Aiea Elementary School Cafeteria



## **Honolulu Orchid Society Judging**

**Saturday, August 12, 2023, Lanakila Senior Center.** One plant was registered for judging. The plant was screened but not judged. There was no award given at this judging session.

**Monday, August 28, 2023, Aiea Orchid Club Meeting, Aiea Elementary School Cafeteria.** 14 plants were brought to the Aiea Orchid Club meeting. All plants were screened. Two plants were judged and awarded. The awarded plants are shown as Award Nos. 2023-50 through 2023-51 below.

All Award photos and descriptions for 2023 and prior years are available on the **Award Gallery** of the HOS Website.



**Award No. 2023-50**  
**Den. Faith Nakamura 'Puanani'**  
**AM HOS (83.8 Pts.)**  
**Owner: Ken & Faith Nakamura**



**Award No. 2023-51**  
**Rlc. Prada Green Deluxe 'NN'**  
**AM HOS (80.4 Pts.)**  
**Owner: Mel & Pam Waki**



## Orchid Tip of the Month by Scot Mitamura

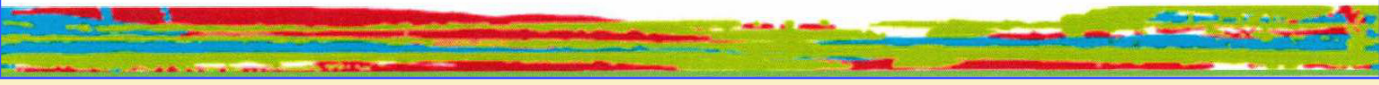
Where did our long days of summer go? September 23, autumn begins, but I know we all still feel that it is summer. September is often our warmest month of the year, even though our days are becoming noticeably shorter. I am still in the watering mode, as my orchids are still drying fast, plus there has been so little rain. This has been a really good growing season for me. Those of you who have taken advantage of this should have some really strong and robust orchids. The fall season is a great time, where many orchids are coming into flower. Cattleyas, Vandas, Dendrobiums, Miltonias, Oncidiums, Bulbophyllums, and many more. There is no coincidence that the Honolulu Orchid Society Show is slated for October 13 and 14. We should all begin early preparation on orchids that may bloom for the show.

First do a general inspection of the plant, removing weeds, and any dead leaves and pests that may be visible. Re-stake the orchid and try to isolate the lead growths that may flower, spacing them evenly around the pot or facing in one direction. Usually, I try to just highlight the natural display of the orchid, but in early staking, the main goal is to keep the flowers from opening within the leaves. This allows them to open fully for a nice display. As time gets nearer, you will need to re-stake again, spacing the buds so the flowers can open fully. Then re-stake as needed as the flowers begin to open. I normally will spray insecticide on the young flower spikes and then again before the buds open, to reduce the chance of flower thrips and blossom midge from damaging the flowers. For the show, we will need many orchids to fill our 10' x 10' display area, so we will use as many orchids as possible.

We should still be watering and fertilizing our orchids, because the new growths are maturing. Bud set or flowering, is determined before the growth has finished maturing. Additionally, our winter bloomers would still be growing, so it is no time to relax. October is our main weather transitional period, where the days will be shorter still and we will begin to get more rainfall. I will need a break from all the watering I have been doing. Continue to keep an eye on the weather reports, as this is prime time for hurricanes or tropical storms. So far we have been lucky, but please always be prepared!

You will be in for a treat at our September meeting. The board will present a variety of orchid growing secrets. These are things that are not often discussed, but are extremely important in taking your orchid growing to the next level. I'm not gonna say any more, you just need to come to find out.

Aloha, Scot



*This article appeared in the September 2023 Newsletter of the Windward Orchid Society and is reprinted with the approval of Scot Mitamura and the Windward Orchid Society. The meeting that Scot refers to in the last paragraph above is the Windward Orchid Society meeting held on September 6, 2023.*



## Recipe of the Month

### **Raw Corn and Zucchini Salad with Lime Vinaigrette**

<https://barefeetinthekitchen.com/raw-corn-and-zucchini-salad-with-lime/>

The sweet crunch of summer corn and crisp slices of zucchini are brightened with a zesty dressing in this Zucchini Corn Salad.

**Prep Time:** 5 minutes **Total Time:** 5 minutes

**Course:** Side Dish **Cuisine:** American **Servings:** 5-6 servings **Calories:** 111 kcal

#### Ingredients

- 3 ears of corns kernels removed from the cob
- 1 medium Italian zucchini thinly sliced and cut bite size
- 1 small Mexican Grey zucchini substitute Italian if unavailable, thinly sliced and cut bite size
- 2 tablespoons fresh lime juice
- 2 tablespoons olive oil
- 1 tablespoon chopped cilantro adjust more or less to taste (use Italian parsley as a substitution)
- ½ teaspoon kosher salt adjust to taste
- ⅛-¼ teaspoon freshly ground black pepper adjust to taste



#### Instructions

1. Place the corn and the zucchini in a bowl and set aside. Then, add the lime and the oil to a small bowl and whisk to combine. Drizzle over the vegetables and toss gently to coat.
2. Add the cilantro, salt and pepper and toss again. Taste and adjust seasonings as desired. Serve at room temperature or refrigerate until ready to serve.

#### Nutrition

Calories: 111kcal | Carbohydrates: 13g | Protein: 3g | Fat: 7g | Saturated Fat: 1g | Polyunsaturated Fat: 1g | Monounsaturated Fat: 4g | Trans Fat: 0.004g | Sodium: 247mg | Potassium: 360mg | Fiber: 2g | Sugar: 5g | Vitamin A: 267IU | Vitamin C: 20mg | Calcium: 15mg | Iron: 1mg